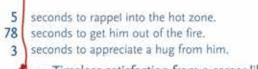




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ISSUE 1 (February - April 2019)

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Editor's Note -----

The editorial team spent the last two months of 2018 putting together this special issue to commemorate 150 years of Civil Defence volunteerism in Singapore. This edition has been nothing short of inspiring as we have had the privilege to meet people from all walks of life who shared with us their story on Civil Defence volunteerism.

This issue, the first of a two-part series, will walk you down memory lane on how the spirit of Civil Defence volunteerism has evolved since the mid-1800s.

One of earliest Civil Defence volunteers which our team managed to trace is Mr Yap Swee Kang. As he has passed on, we met up with his family members to reminisce his journey. Mr Swee Kang stepped forward to volunteer with the Auxiliary Fire Service after World War II. Eunice Olsen, Mr Swee Kang's granddaughter, is "proud of gong gong for being so brave" while Mr Swee Kang's wife showed us a photo of him in his Auxiliary Fire Service uniform.

This two-part series embodies our original purpose of producing Survivor. Survivor, the earliest version of Rescue 995, was introduced by the SCDF in 1984 to feature the good work of our Civil Defence volunteers. In the absence of social media and electronic mailers then, SCDF leveraged Survivor to keep the public informed on emergency preparedness activities that took place at the various constituencies. In 1998, Rescue 995 took the place of Survivor. MAJ (Ret) Seow Thuan Kheng, one of the pioneer editors of Survivor, shared with me that SCDF publications are known as 'in-house' productions because the editorial team is entirely made up of serving officers who oversee the curation of stories and photographs. While it has been 35 years and we are heartened to know that this 'inhouse' tradition continues today.

2019 will be a special year for SCDF and Rescue 995 as we celebrate 150 years of Civil Defence Volunteerism in Singapore. On behalf of the editorial team, I would like to wish you a Happy New Year! 🤝

Michelle Lim January 2019







Peats



MAILROOM VOICES FROM THE HEARTS

SSG Raphael Dominic Tan, SGT Claudia Ng, SGT Abdul Hadi and CPL Harry Lee attended to my father who has hypoglycaemia. They were calm and professional while treating him. They also worked as a team and complemented each other well. It was a job well done!

Miss Randie Tan

INCIDENT WATCH



N 1 January 2019 at approximately 9.40am, SCDF responded to a fire at Tuas View Circuit. At the height of the operation, eight water jets, including the application of foam and an unmanned firefighting machine, were used to bring the fire under control. 13 emergency vehicles and about 55 firefighters were deployed to put out the fire.



N 21 December 2018 at approximately 9.20am, SCDF responded to a fire at 16 Jalan Mesin. At the height of the firefighting operation, seven water jets and foam were used to bring the fire under control. 14 emergency vehicles and about 45 firefighters were Deployed to put out the fire.



N 17 December 2018 at approximately 3am, SCDF responded to a fire at 31 Sungei Kadut Street 2. 12 water jets were used to bring the fire under control. 25 emergency vehicles and about 90 firefighters were deployed to put out the fire.

SNIPPETS OF SCDF EVENTS



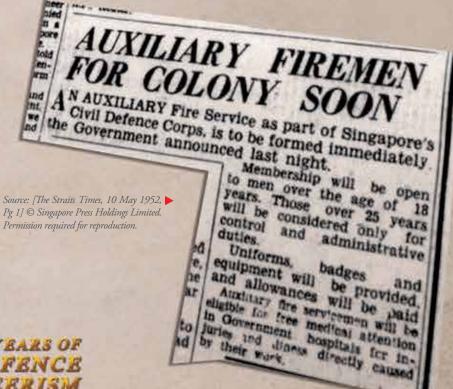
SPS SUN WITH PERSONNEL OF CHANGI FIRE STATION



r Amrin Amin, Senior Parliamentary Secretary (SPS) for Ministry of Home Affairs and Ministry of Health, visited personnel at Ang Mo Kio Fire Station on 28 December 2018.

SPS AMRIN WITH PERSONNEL OF ANG MO KIO FIRE STATION





AUXILARY CIVIL DEFENCE VOLUNTEERISM 1869-2019 FIRE SERVICE

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Untold story of a Heroic Volunteer

Source: [The Straits Times, 4 December 1961, ▶ Pg 20] © Singapore Press Holdings Limited. Permission required for reproduction. Fire aid for disbandment

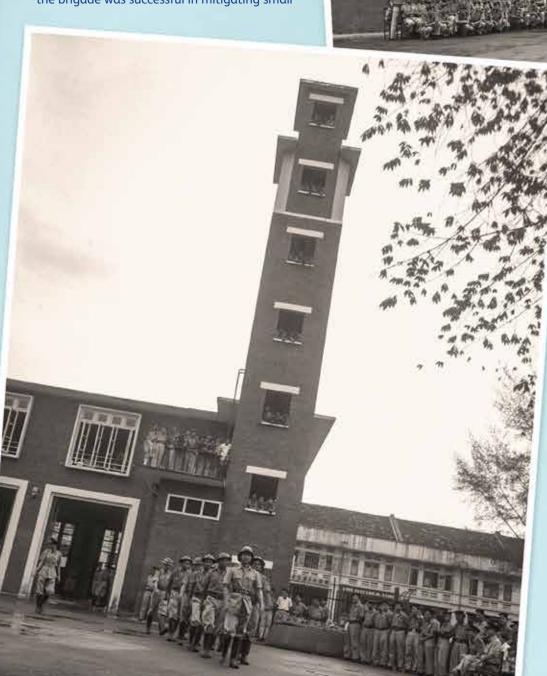
SINGAPORE Sun - The 10-year-old Auxillary Fire Service will be disbanded on Dec. 31 and its headquarters at Upper Serangoon Road will be converted into a fully operational regular fire station.

A Government statement yesterday said that the new station would provide quicker coverage by the State's fire and accident ambuiance services to the fast developing Toa Payoh Upper Serangoon areas and their vicinity. It said that some 675 local it said that some 675 local officers and men, who had served in the Auxiliary Fire Service, would as far as possible be given first preference when filling future firemen vacancies in the Fire



I n the absence of a professional fire brigade in Singapore during early to mid-1800, residents and shop owners leveraged the spirit of community self-help to put out fires. Each time a fire broke out, several groups of 'firemen' from the community would band together to put out the fire using buckets of water.

It was not until 10 April 1869 that the first Volunteer Fire Brigade was setup. Made up of volunteers from previous volunteer formations, the brigade was successful in mitigating small



▲ Group photograph of Singapore Auxiliary Fire Service taken at their depot in Kolam Ayer in 1956. Credits: Ministry of Information and the Arts Collection, courtesy of National Archives of Singapore.

fires. However, as they lacked professional training, the brigade was not effective in helping to put our large fires.

The large fire that happened at No 12. Malacca Street, in the house and store of a trader known as Mr Choo Kong Lan, gave impetus to establish a proper system for putting out fires.

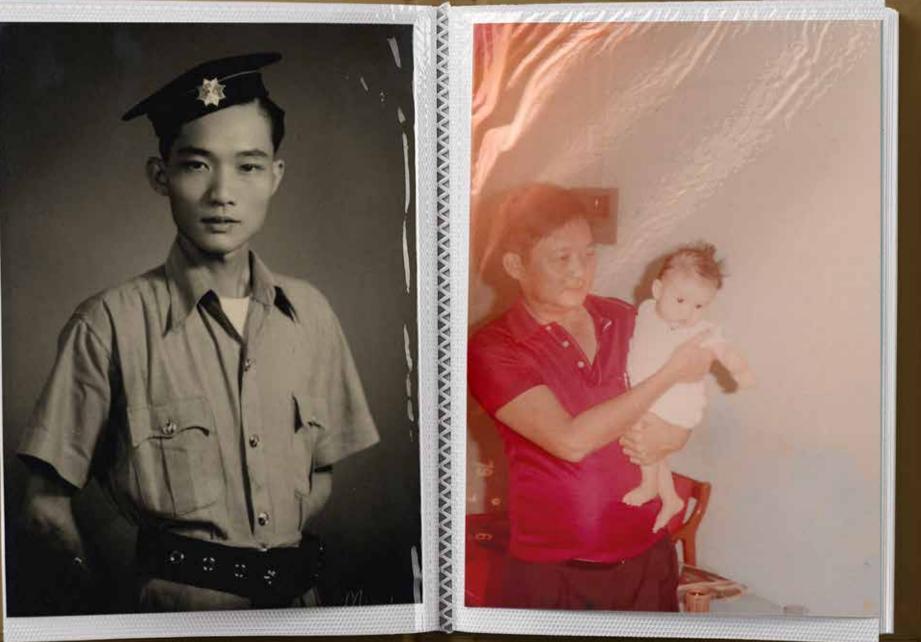
The Volunteer Fire Brigade existed for a decade and was replaced by the Singapore Fire Brigade.

By the 1930s, the Singapore Fire Brigade had organised various volunteer schemes under its charge, which includes the Auxiliary Fire Service.

The first Auxiliary Fire Service in Singapore was formed in 1939 as the country was placed in a state of preparedness for World War II. The volunteers wore a blue round cap, boiler suit, belt with axe, pouch and line, rubber top-boots, badges, buttons and epaulettes. The belts and buckles issued to them were originally from the United Kingdom and the rest were produced locally.

The training took place at Central Fire Station and Geylang Fire Station and the volunteers took on the 'officer' and 'fireman' ranks.





▲ Mr Yap Swee Kang volunteered with the Auxiliary Fire Service after World War II.

In the early morning hours on 8 December 1941, the bombings began in Singapore.

Yet, that did not deter the volunteers from reporting for work. In fact, it accelerated the recruitment efforts and training.

When Singapore was surrendered to the Japanese in 1942, volunteers from the Auxiliary Fire Service were imprisoned at the Changi Prison. By then, the firefighting role rested entirely on the shoulders of the Singapore Fire Brigade.

Instead of dampening the spirit of civil defence volunteerism in Singapore, the war strengthened our community spirit. This was evident as the Auxiliary Fire Service was revived on 9 May 1952 for the purpose of augmenting the Singapore Fire Brigade for civil defence purposes. ▲ Mr Swee Kang carrying his granddaughter, Eunice Olsen. Eunice and her family fondly remembers him for his bravery.

One of the many volunteers who joined the Auxiliary Fire Service then was Mr Yap Swee Kang.

As a volunteer, Mr Swee Kang was trained in civil defence skillsets and knowledge such as the act of rescuing an unconscious bomb victim, crawling through a smoke-filled room and putting out an incendiary bomb fire.

15

In the event of a fire, volunteers from the Auxiliary Fire Service were informed by the Singapore Fire Brigade's Control Centre, through the use of high-frequency radio-telephone, to respond to the incident to lend a helping hand.

"My grandma showed me a picture of *gong gong* (grandfather in dialect) in his Auxiliary Fire Service uniform and told me that he joined as a volunteer as he wanted to protect Singapore and do his part. Thinking back, I am really proud of him for being so brave," says Eunice Olsen, Mr Swee Kang's granddaughter.

"To be honest, I was pleasantly surprised when my husband first showed me the picture of himself in the Auxiliary Fire Service uniform. We were newlyweds then. Each time I look at this picture, he still looks really suave to me! He was a quiet man. While he did not share with me much about his training, I knew all along that he had a strong desire to protect Singapore even though we lived in dangerous times then," says Madam Png Soi Moi who turns 86 years old this year.

Eunice is known as Singapore's youngest Nominated Member of Parliament. She is also a long-time volunteer with the Muscular Dystrophy Association.

Her mother, Alice Yap Cheow Hoe, has also been volunteering for about a decade. In recent years, she has been serving as a Silver Generation ambassador to help the elderly learn more about newly introduced government policies.

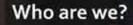
"My father was very caring man and I can

understand why he served as a volunteer with the Auxiliary Fire Service. I am inspired by his life story. Singaporeans should step forward to help our fellow Singaporeans," says Alice.

While the Auxiliary Fire Service is now defunct, today, volunteers from the Civil Defence Auxiliary Unit's Volunteer Firefighter vocation continue to work alongside The Life Saving Force to valiantly serve Singapore.

Madam Alice Yap, Madam Png Soi Moi and Eunice Olsen reminiscing Mr Yap Swee Kang's journey as an Auxiliary Fire Service volunteer.





Civil Defence Auxiliary Unit (CDAU) volunteers have been actively contributing to the nation's civil defence efforts. *Numarous* exciting vocations allow you to save lives and property! Experience the *thrill* and *satisfaction* of serving with us!



Emergency Medical Services Be trained in pre-hospital care and techniques. Respond to medical emergencies and provide swift intervention to save lives. Our volunteers are a beacon of hope to those in distress.

Fire Safety Enforcement

the risks posed by fire hazards.

settings. Conduct en

Identify fire safety violations in different

Our volunteers play an essential role in reducing

commercial and industrial premises.

checks on

Public Education Inneh the public about first aid, CPR and fire safety. Our volunteers assist our regular staff in community and the and public education.

The Home Team will continue to partner the community and work with Volunteers to keep Singapore and Singaporeans Safe & Secure

- 411 ==

SCOF

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One Mission!



Fire Fighting & Rescue

Respond to various fire & rescue emergencies with our regular officers. Our volunteers play a crucial role in mitigating such incidents alongside our regulars. MAJ (Ret) Seow Thuan Kheng is one of the pioneer officers who helped put together tthe first few issues of Survivor newsletter as well as organise other public education programmes to promote Civil <u>Defence Volunteerism</u> in Singapore.

35 Years of

"In-House Publications"

A Journey which began with Civil Defence Volunteerism

he Survivor newsletter, the earliest version of Rescue 995, was first introduced in 1984 by SCDF to keep the public informed on emergency preparedness activities that took place at the constituencies. The newsletter also showcased the important contributions of Civil Defence volunteers.

In its early days, the publication was produced with the aim of increasing the organisation's outreach for Civil Defence volunteer activities.

MAJ (Ret) Seow Thuan Kheng, an officer-in-charge of the Public Affairs' Planning Branch from 1984 to 1986, is one of the pioneer officers who helped put together the newsletter as well as organise other public education programmes to promote Civil Defence Volunteerism in Singapore.



Survivor newsletter was first introduced for SCDF to communicate to members of the public regular updates of SCDF's Emergency Preparedness activities and to showcase the important contributions of Civil Defence Volunteers. It has also captured in print the heartfelt historical milestones of SCDF such as the merger of Singapore Fire Service and SCDF as well as the retirement of Arthur Lim who was the Chief Fire Officer of the Singapore Fire Service from 1977 to 1980 and Director of the Singapore Fire Brigade from 1980 to 1989.

"We named the bi-monthly newsletter 'Survivor' as we wanted our readers to resonate with the public education message of staying resilient in the event of a national emergency. Survivor helped connect us to our fellow Singaporeans, SCDF National Servicemen (NSmen) and Civil Defence volunteers. Well, there was no social media then! I fondly remember how excited all of us were when the first few issues of the newsletter were published. One of my colleagues even came to my desk to tell me that he saw the newsletter at one of the libraries," says MAJ (Ret) Thuan Kheng.

10,000 copies were printed for each issue and distributed to the constituencies, public schools and libraries.



SURVIVO

The

Exercise Community Spirit, a large scale evacuation exercise which involved the participation of Singapore Fire Service, Singapore Civil Defence Force and NSmen, Civil Defence volunteers and related agencies like Singapore Police Force, was a mainstay feature of the newsletter.



The team prides the newsletter as an 'in-house production'.

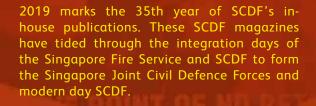
Apart from curating and writing stories, MAJ (Ret) Thuan Kheng and his team also took photographs and proposed the layout design for each issue. At times, Civil Defence volunteers and even journalists contributed short write-ups to the newsletter.

"We used a film camera to capture pictures for every Public Education activity held at public places. We would then review the pictures for the articles after they were developed before delivering the drafts to the printing company. At that time, it was quite rare for any in-house produced newsletter to be printed in fullcolour," says MAJ (Ret) Thuan Kheng.

In 1995, The Main Line was introduced to SCDF's lineage of in-house publications.

Unlike Survivor, The Main Line was produced monthly by the Public Relations Branch for the staff of SCDF.

Since the late nineties, Rescue 995 has taken the place of Survivor and The Main Line.



While the name of the magazine and designs have evolved over time, the target audience, contents and even the in-house production process retains the strong flavour of Survivor.

"We had to create everything from scratch. In retrospect, the team had very good support from our bosses then. They vetted the articles line by line. It was a simple newsletter because we wanted it to be that way!" says MAJ (Ret) Thuan Kheng.

Today, Rescue 995 continues to capture memorable SCDF moments in print and the magazine is disseminated to all public schools, community centres, libraries and SCDF's overseas partners including foreign fire services, ASEAN and United Nations.



The Main Line, a four-page SCDF in-house magazine, was an internal publication produced in the mid-nineties. It published news on staff matters such as postings, attachments, promotions, births, weddings, and compliments.



RESCUE 995 • VOLUME 1 • ISSUE 1

23



T n the early eighties, LTC (Ret) Anthony Pek Kiam Chye served as SCDF's Liaison Officer to Changi Constituency.

"I remember visiting residents at their homes to tell them more about the Civil Defence Volunteer scheme as well as encourage them to become one. From time to time, we organised public activities like Air Rifle Shooting competitions to expand our outreach in imparting lifesaving skills to the public. The key highlight of Civil Defence Volunteerism in the 1980s would definitely be the Exercise Community Spirit," says LTC (Ret) Anthony.

In May 1984, Exercise Community Spirit was introduced by SCDF to prepare our citizens for peacetime or national emergency. Held at the heartlands, each exercise comprised two phases, namely Evacuation and Rescue, and involved the participation of Civil Defence volunteers, Civil Defence Zone Units' reservists, residents, and SCDF and Singapore Fire Service (SFS).

One of the signature scenarios was an aerial bombardment simulated with the use of large speakers which sounded the air raid siren and clack and clangour of a building collapsing.

Upon the sounding of a simulated air raid siren, reservists from the Civil Defence Zone Units would help residents evacuate from their homes to safety before they complement the Civil Defence volunteers and emergency first responders from the SCDF and SFS with the search and rescue operations.



A Civil Defence volunteers managing food supplies.

Each run of this large scale exercise involved up to 500 participants.

The lessons learnt at these exercises and the true Community Spirit of Singaporeans came together when the Lian Yak Building collapsed (more commonly known as the Hotel New World Collapse) on 15 March 1986.

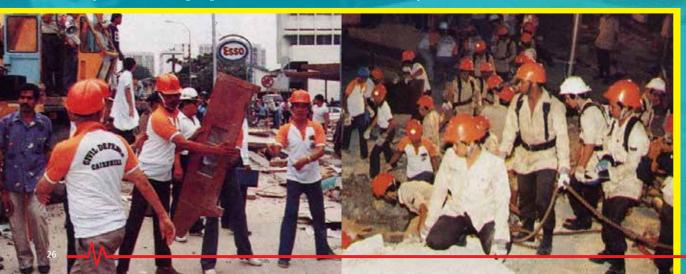
AC Yazid Abdullah and LTC (Ret) Anthony recalled that they were attending SCDF's Work Plan Seminar when they received news about the collapse on their pagers.

"LTC (Ret) Anthony and I proceeded to the incident site immediately after we were notified of the incident. At the same time, the Exercise Community Spirit mechanism kicked in quickly as Civil Defence volunteers from the Moulmein, Jalan Besar and Cairnhill Constituencies were activated to respond to the incident site," says AC Yazid.

"The Civil Defence Coordinating Committee representatives activated the first wave of volunteers from these constituencies as they were located within the vicinity of the incident. They were contacted through their home telephone as hardly anyone owned a mobile phone then. Everyone knew what to do as the routine was practiced many times at numerous Exercise Community Spirit which SCDF organised," says LTC (Ret) Anthony.

AC Yazid, a freshly-minted SCDF officer then, worked alongside LTC (Ret) Anthony at the incident site to manage the welfare of

V Civil Defence volunteers working alongside SCDF Reservists at the Hotel New World Collapse incident site.



The Sunday Times, March 16, 1986

Civil Defence Force passes its first real test

THE HOTEL DISASTER



Rescuers looking on hopefully as more rubble in cleared



a minist on the only beam that used to be a landmark along Serangeon Road. It is still a landmark today - of tear and talling beam

el disaster was the first re-

d only Station and I helped to carry a dean res. man on a stretcher. he call "So I wan't atraid of seeing dead sum mode tonight."

Volunteers respond

Is fact, about is a case their behind until morning in case their services would be required again. Wan Bee Hong, 54, and: "Even though we may not be abs: to physically do much, we want to be here to

and a construction of the second seco

techniques, we knew we could help. "Before joining the civil defence, would have just ignored the disaster

out food want to bein." A Home Affairs Ministry official said he was very impressed with the

among the younthers at Hotel New they came from many different of

and heared of the catastrophe in Detectors

ohaya Rahman, 16, aadd: "when were called up at 5 pm, we were dy to go. We wanted to put to use at we had hearnt during our civil incre classes." dold Tahar, 16, aadd they were not dold Tahar, 16, aadd they were not

"During my civil defence training, was attached to the Geylang Fire

> The American made devices, each no bigger than an atlacke case, are able to any diffy send 1,800 times. They were scentized by the Ranspor Criff Defence Furce last year at a

play

big role

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▲ Source: [The Sunday Times, 16 March 1986, Pg 6] © Singapore Press Holdings Limited. Permission required for reproduction.

Disaster spurs many to join CD

By AUGUSTINE LOW

March, many dence Co-ordi-Committeen lood supply

TOCC

Source: [The Straits Times, 26 🕨 March 1986, Pg 3] © Singapore Press Holdings Limited. Permission required for reproduction.

THE first real-life test for civil defence it came during the Singapore came during Hotel New World in Mar Hundreds of volunteers, who had until then

only taken part in simulated disasters, poured in daily to help in rescue work and operate a system round-the-clock. widespread public civil defence was

oused, and more people Delence Co-ordinating Commit promoters of the volunteer sche ore about this after-effect of

we the key scheme, to find ou

THE HOTEL DISASTER

Source: [The Straits Times, 30 May

1986, Pg 21] © Singapore Press

Holdings Limited. Permission required

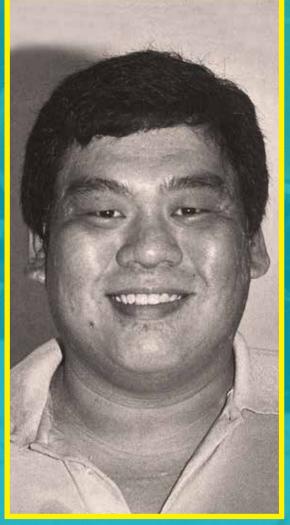
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'Teamwork was vital'

Give us your views

Civil Defence volunteers. These volunteers were easily identified as they worn the iconic white t-shirt with orange sleeve and the constituency's name printed on the back.

"Many Civil Defence volunteers came forward to offer their assistance. This allowed us to roster the volunteers on 24 hour rotational shifts for up to a one-week operation. Our volunteers who were deployed at the incident site provided first-aid to the injured, assisted with surface search for casualties and managed meals and refreshments. They worked seamlessly with the SCDF, SFS and other related agencies. It was evident that the lifesaving skillsets role-played by the Civil Defence volunteers at the Exercise Community Spirit were put to good use," says AC Yazid.



A Mr Lian Kwang was one of the many Civil Defence volunteers who rendered a helping hand at the Hotel New World Collapse incident.



A Mr Lian Kwang (with a towel slipped into his helmet) was constantly

Mr Han Lian Kwang was one of the many stouthearted Civil Defence volunteers who came forward to render his assistance. Mr Lian Kwang helped clear blocks of concrete and also played a part in rescuing Albert Sim.



A Mr Lian Kwang receiving the Public Service Medal from President Wee Kim Wee.

The good-natured Mr Lian Kwang was awarded the Public Service Medal.

In addition to Civil Defence volunteers, Singaporeans from all walks of life also came forward to render their assistance in all ways possible. 🦡

TC Bob Tan, Senior Assistant Director of the Volunteer and Community Partnership Department (VCPD), has been leading a team to champion community preparedness and response for more than a decade now.



In partnership with Mercy Relief, members of the Civil Defence Lionhearter Club were deployed to Central Java, Indonesia, in 2010 to help the locals in the post-recovery phase.

Since 2007, VCPD has introduced a number of platforms for Singaporeans to be trained in Life Saving skillsets. One of this includes the *Save-A-Life* initiative where VCPD collaborated with Ministry of Health, Singapore Heart Foundation and People's Association to install AEDs at HDB lift lobbies as well as actively engaged the Ministry of Education to roll out programmes targeted at instilling the values of care and resilience in students.

A programme close to LTC Bob's heart is the Civil Defence Lionhearter Clubs.

The first Civil Defence Lionheart Club was launched in Singapore Polytechnic in 2009. As of 2018, it has a membership of 900 tertiary school students from across the five local universities, five Polytechnics, three Institute of Technical Education (ITE) Colleges, Jurong Pioneer Junior College and Tampines Meridian Junior College.

Equipped with lifesaving skills and knowledge, members of the Civil Defence Lionhearter Clubs are trained to step up as Community First Responders to provide immediate assistance at both on-campus and off-campus emergencies and help save lives and minimise damage to property before the arrival of SCDF. They also serve as SCDF Community Engagement Ambassadors at Emergency Preparedness Day events to impart emergency preparedness knowledge and lifesaving skills at the events. This includes CPR-AED skills and SCDF's myResponder mobile application.

"The name 'Civil Defence Lionheart Club' mirrors the spirit of SCDF's Operation Lionheart mission. Over the past decade, we have built up an eco-system of lifesavers in primary schools, secondary schools and tertiary institutions. Upon graduation, they can also volunteer with the Civil Defence Auxiliary Unit. This is how we tailor our programmes to champion the spirit of Civil Defence volunteerism in Singapore," says LTC Bob.

The commitment to save lives is not limited to the geographical boundary of Singapore.

"In late October 2010, a series of volcanic eruptions occurred at Mount Merapi in Central Java. About 350,000 people were evacuated from the affected



site and 353 people were killed during the eruptions. A group of Civil Defence Lionhearters visited Magelang, one of the six cities in Central Java, Indonesia, at the post-recovery phase to help the locals rebuild their lives by imparting lifesaving skills to them," says LTC Bob.

In partnership with Mercy Relief, a local Non-Governmental Organisation, members of the Civil Defence Lionhearter clubs have also served in other overseas humanitarian relief missions such as in Philippines, Japan and China.

As an SCDF officer, LTC Bob was deployed for two Operation Lionheart missions - Sichuan, China in 2008 and Padang, Indonesia in 2009.

CD Lionhearters volunteering in Magelang, one of the six cities in Central Java, Indonesia.

EMERGENCY MEDICAL SERVICE RESPONSE FRAMEWORK

SCDF's Emergency Medical Service (EMS) response framework provides faster and enhanced assistance to those who need it.

When you call 995 for medical assistance, SCDF will assess the severity of your case and respond accordingly as follow:

CATEGORY OF CASES	EXAMPLES	RESPONSE
LIFE-THREATENING EMERGENCIES	Cardiac arrest, unconciousness, breathlessness, active seizure, major trauma and stroke	Highest priority Fastest response Extra resources deployed
EMERGENCIES	Severe allergy, emergency labour, head injury, bone fracture, asthma, elderly with chronic medical conditions and sick children	High priority Fast response
MINOR EMERGENCIES	Cut with bleeding, accident with bruising, swelling, mild injury and persistent fever	Lower priority Slower response In 2016, SCDF attended to 42,579 minor emergency cases (73.9% of initial ambulance calls)
NON-EMERGENCIES	Constipation, chronic cough, diarrhoea and skin rash	Emergency medical assistance not required Seek treatment at clinics or call 1777 for non-emergency ambulances In 2016, SCDF attended to 11, 154 non-emergency cases (6.3% of total ambulance calls).

SCDF officers at the 995 Call Centre are supported by paramedics and staff nurses who are trained to prioritise your cases, deploy the appropriate resources and provide medical advice.









